

Children and Young People's Emotional Wellbeing and Mental Health Support

Overview

What is this survey about?

Surrey County Council are refreshing their Children and Young People's Emotional Wellbeing and Mental Health Strategy and want to understand any progress that has been made, as well as any potential challenges that have arisen.

This survey is open to anyone who has a role in supporting children and young people with their emotional wellbeing and mental health.

This short survey should only take less than 10 minutes to complete.

Accessibility

This survey is compatible with speech recognition software and screen readers. Alternative versions of this survey (Screen Reader Accessible and Large Print) can be found at the bottom of this page under 'related documents'. If you have any queries about the survey and/or require this survey in hard copy or a different alternative format, please contact us and we will do our best to assist you:

Email: Georgia.Skupinski@surreycc.gov.uk

Telephone number: +447773 669124

This survey complies with GDPR. If you require any further information about how we store and use the data you provide, please see our privacy policy [here](#).

Children and Young People's Emotional Wellbeing and Mental Health Strategy

1. We're keen to co-produce the 'I...' statements that make up our strategy and would like your thoughts on which statements are still relevant. The statements have been written from the perspective of children and young people. Please mark below how relevant or irrelevant you find the following 'I...' statements.

Response options:

- Very relevant
- Relevant
- Not sure
- Irrelevant
- Very Irrelevant

A. I need to know that the right support is there when I need it, that I can access it quickly and that it is age appropriate. It should improve my emotional wellbeing and mental health.

Answer:.....

B. I want the stigma around my mental health issues to be reduced because this will help me and my family to enjoy more positive mental health, be more resilience and manage challenges more independently.

Answer:.....

C. I want to have more control over decisions that impact my emotional wellbeing and mental health and any care I receive.

Answer:.....

D. I want to be able to access the best information and advice to support my emotional wellbeing and mental health. I want my family and people who look after me to be able to do the same.

Answer:.....

E. I need support as soon as I start to feel like I'm struggling to cope with my emotions or mental health issues. I want to be able to access support in a way that suits me.

Answer:.....

F. I only want to tell my story to the people looking after me once.

Answer:.....

G. I need to be able to access support as quickly as possible when I feel like I am in crisis and I want to

be able to access that support locally, within my community.

Answer:.....

H.I worry about what will happen to my support when I reach adulthood. To make it easier for me I need to know that when I move into adulthood, I will not lose support.

Answer:.....

I. I want the people who are supporting me to be competent and confident in supporting my emotional wellbeing and mental health.

Answer:.....

1.1. Is there anything about the above statements that you would like to change or add? If yes, please explain below.

Support and service provision

2. Please tell us about your organisation and role:

What organisation do you work for?

.....

What is your role?

.....

3. We are aware there are lots of support services available for young people in Surrey, please use the space below to list the ones you are aware of that support young people's emotional wellbeing and mental health:

Supporting young people's emotional wellbeing and mental health

4. How would rate the overall support and service provision for children and young people's emotional wellbeing and mental health in Surrey?

- Very good
- Good
- Okay
- Poor
- Very poor

5. What would you say are the top three key presenting issues around supporting emotional wellbeing and mental health in Surrey?

1:

2:

3:

6. Thinking about the last year, how well do you feel Surrey-based children and young people mental health providers have performed in the following areas:

A. Timeliness of support

- Very good
- Good

- Okay
- Poor
- Very poor

B. Increased accessibility of support

- Very good
- Good
- Okay
- Poor
- Very poor

C. Increased accessibility of information

- Very good
- Good
- Okay
- Poor
- Very poor

D. Reduced stigma

- Very good
- Good
- Okay
- Poor
- Very poor

E. Support for families

- Very good
- Good
- Okay
- Poor
- Very poor

F. Care planning

- Very good
- Good
- Okay
- Poor
- Very poor

G. Bespoke support

- Very good
- Good
- Okay
- Poor
- Very poor

7. If you have identified any areas as poor, do you have any suggestions for improvements that you would like to see?

Your role

8. How equipped do you feel in supporting prevention and early action for young people's emotional wellbeing and mental health?

- Very equipped
- Equipped
- Not sure
- Unequipped
- Very unequipped

9. To what extent do you agree or disagree that your organisation:

A. Supports you to carry out your role

- Strongly agree
- Agree
- Not sure
- Disagree
- Strongly disagree

B. Supports you with your own emotional wellbeing and mental health

- Strongly agree
- Agree
- Not sure
- Disagree
- Strongly disagree

Final thoughts

10. Is there anything else you'd like to share about emotional wellbeing and mental health support in Surrey?