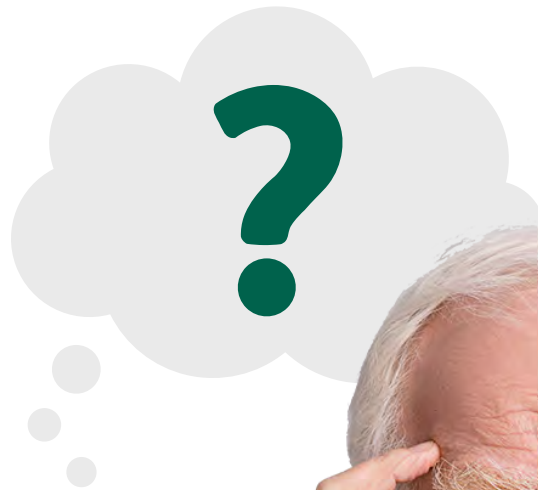




**SURREY**  
COUNTY COUNCIL

# **New services for mental health carers**

What do you think?



**easy  
read**

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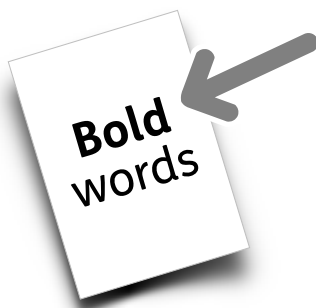
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Thank you

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In this easy read document, difficult words are in **bold**. We explain what these words mean in the sentence after they have been used.



Some words are [blue and underlined](#). These are links which will go to another website which has more information.

# Introduction



Surrey County Council and the NHS are creating new services to support carers of people with **mental health** needs.

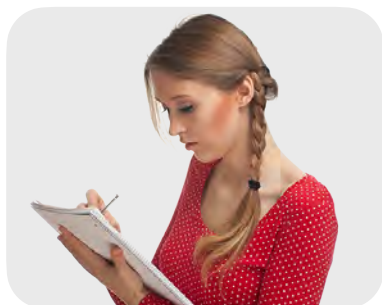
**Mental health** is how you are feeling in your mind and your emotions.



We would like to find out about the experiences of carers of people with mental health needs.



This will help us create our new services and make them the best they can be.



Please answer these questions to tell us about your experiences.

# Questions for you to answer



**Question 1:** Please tell us whether you know of these services:

Safe Havens - for adults, young people and children

Yes

No

Space 2 B You

Yes

No

National Autistic Society

Yes

No

Action for Carers

Yes

No

Surrey and Borders Recovery College

Yes

No

Catalyst Community Connections

Yes

No

Al-Anon

Yes

No

Crossroads

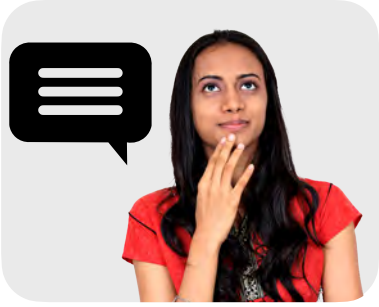
Yes

No

Rethink

Yes

No



Can you think of any other services that you know of? Please say.

A large, empty rectangular box with a black border, intended for the user to write their response to the question above.



**Question 2:** What mental health illness does the person you care for have? If there is more than 1, please list them all.



**Question 3:** When you think about the support services you have used, what was most important to you about them?



**Question 4:** What is the most important support you need to be able to care for someone else with mental health needs and look after your own health?



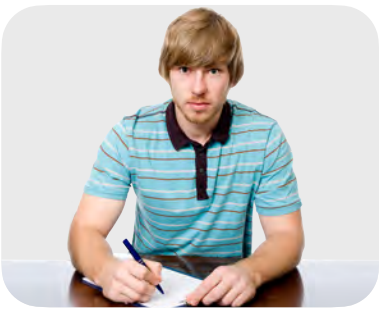


**Question 5:** Do you feel listened to or involved in making decisions as a carer?

1 is none of the time and 10 is all of the time



- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9
- 10



Please tell us why have you answered question 5 this way.



**Question 6:** When the person you care for was last in hospital, what kind of support would have been most helpful for you at the time?



**Question 7:** Thank you for answering these questions. If you would like to know more about these new services in the future please tell us your email address.

# About you



We would also like to ask you some questions about yourself.

This will help us know we are hearing from people from lots of different communities and backgrounds.



**Question 8:** How old are you?



**Question 9:** What is your **ethnic background**?

Your **ethnic background** means your race and the country that your family came from.



**Question 10:** What area do you live in?

**Question 11:** What is your relationship with the person you care for?



Husband / Wife



Girlfriend / Boyfriend



Parent



Child



Friend



Neighbour

# Thank you



Thank you for answering the questions.

Please now send your answers back to us by:



Post: Jo Neville-Rye  
Surrey County Council  
Fairmount House  
Bull Hill  
Leatherhead  
Surrey  
KT22 7AH



Or scan and email to:  
[jo.nevillerye@surreycc.gov.uk](mailto:jo.nevillerye@surreycc.gov.uk)