**Draft Young Carers Strategy Consultation**

**Overview**

Surrey County Council and our NHS partners have drafted the Young Carers Strategy for 2022 – 2024 over the past year.

We are looking for feedback on this draft strategy to ensure nothing is missed, that it accurately reflects the needs of Young Carers in Surrey and that the strategic aims will allow us to best meet those needs.

The consultation will run for 2 months.

All the responses will be collated and used to further develop the strategy. The strategy will then sit alongside the Adult Carers Strategy to provide an all age strategy for carers in Surrey.

We collect your data anonymously. If you wish to be involved in any further consultations looking at how the strategic aims are being met and/or you request to receive the final strategy via email -there is an opportunity to provide contact information.

Easy read versions of the strategy and consultation are available below.

Large print versions of the consultation are available below.

This data will be held in accordance with GDPR [Children, Families and Lifelong Learning - Privacy Notice - Surrey County Council (surreycc.gov.uk)](https://www.surreycc.gov.uk/council-and-democracy/your-privacy/our-privacy-notices/children-families-lifelong-learning-and-culture)

**Accessibility**

If you require this survey in another alternative format, please contact us and we will do our best to assist you:

Email: youngcarersstrategy@surreycc.gov.uk

**Your data and privacy notice**

Your responses will only be used for this survey, and if you have requested further contact or to be emailed the final version of the Strategy.

You can view the Children, Families, Lifelong Learning and Culture privacy notice [here](https://www.surreycc.gov.uk/council-and-democracy/your-privacy/our-privacy-notices/children-families-lifelong-learning-and-culture).

**Introduction**

The Surrey Joint Strategy for Young Carers 2022-24 has been developed to reflect the feedback we have received in 2021 from young carers, their parents, schools, social workers and other stakeholders about the support and services available to young carers, and their views on what they felt these services and support should look like in the future.

We would appreciate it if you could take a few minutes to give us your thoughts and input on the draft strategy. We are particularly keen to hear how well it addresses what you consider to be the most important things for ensuring we have a robust offer for young carers.

**Definition of a young carer**

A young carer is someone aged under 18 who provides unpaid help and support to a family member, partner, friend or neighbour. Young carers may provide emotional as well as physical support, including care for those with mental health concerns and addictions. Without the care they give, those benefiting from their help would find difficulty managing or may be unable to cope.

**Who do we want to hear from?**

Anyone who identifies (or has been identified) as a young carer or young adult carer, parent carers, adult carers, including former carers – we are keen to hear from people with lived experience, irrespective of whether they are accessing/have accessed carer information and support services.

We are also keen to hear from those who work with and support young carers, whether in health and social care, education, services that support young people, carers support services, and/or the voluntary, community and faith sector.

**How long will it take?**

The survey should take about 10 minutes to complete. Anything you say in this survey is reported anonymously and information about you will be grouped with information about others so that your identity will be completely hidden.

If you have any questions about the survey, please email youngcarersstrategy@surreycc.gov.uk and one of the team will respond.

**Contact Information**

##### What is your name?

##### If you work for an organisation – what is your organisation?

**Section 1 - Our Vision and Values**

The proposed vision has been written to summarise the Surrey Young Carers Strategy and our long-term priorities to best serve young carers.

"Our vision is that young carers feel supported and confident to say that they are a young carer. They are identified, recognised, valued, and supported, both in their caring role and as an individual helping to reduce the health and wellbeing inequalities that young carers face. They have a strong voice that results in services that work for them. Across the system, staff have the tools, skills and knowledge to increase identification of young carers, enable young carers to self-identify and provide the right support to young carers and their families."

##### To what extent do you agree or disagree that the vision statement reflects what you consider to be important for ensuring we meet the needs of carers

|  |  |
| --- | --- |
|  | Strongly disagree |
|  |  |
|  | Disagree |
|  |  |
|  | Neither agree or disagree |
|  |  |
|  | Agree |
|  |  |
|  | Strongly agree |

1. To what extent do you think the following values will deliver the strategy?

We are young carer focused ensuring they are considered in every service and by every individual.

|  |  |
| --- | --- |
|  | Not at all |
|  |  |
|  | Very little |
|  |  |
|  | Somewhat |
|  |  |
|  | To a great extent |

We have a whole family approach to support meaning we support the young carer in the context of what the wider family needs.

|  |  |
| --- | --- |
|  | Not at all |
|  |  |
|  | Very little |
|  |  |
|  | Somewhat |
|  |  |
|  | To a great extent |

We provide the right support at the right time for young carers, recognising their needs before they escalate.

|  |  |
| --- | --- |
|  | Not at all |
|  |  |
|  | Very little |
|  |  |
|  | Somewhat |
|  |  |
|  | To a great extent |

We focus on continuous improvement in our services for young carers, ensuring that we provide the best support possible

|  |  |
| --- | --- |
|  | Not at all |
|  |  |
|  | Very little |
|  |  |
|  | Somewhat |
|  |  |
|  | To a great extent |

Our services will promote inclusivity and diversity

|  |  |
| --- | --- |
|  | Not at all |
|  |  |
|  | Very little |
|  |  |
|  | Somewhat |
|  |  |
|  | To a great extent |

Any other additional values you would like to see?

##### How important are these values to you personally?

We are young carer focused ensuring they are considered in every service and by every individual.

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

We have a whole family approach to support meaning we support the young carer in the context of what the wider family needs.

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

 |  |
|  |  |

We provide the right support at the right time for young carers, recognising their needs before they escalate.

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

We focus on continuous improvement in our services for young carers, ensuring that we provide the best support possible

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

Our services will promote inclusivity and diversity

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

Describe any other values important to you.

**Our Priorities**

##### These are our strategic priorities for the next 3 years. How important are each of these to you personally?

Increased awareness and visibility of young carers in education, health and social care

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

Staff have a good understanding of young carer’s rights

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

 |  |
|  |  |

Young carers and their families have the tools they need to advocate for themselves

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

Young carers are enabled to and feel safe to self-identify

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

Young carers have access to appropriate services that meet their needs

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

Young carers have improved Emotional Wellbeing and Mental Health (EWMH)

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

Young carers safeguarding needs are identified and supported

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

##### Priority 1 - Increased awareness and visibility of young carers in education, health and social care

Create additional awareness training for all staff

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

Ensure knowledge that a child is a young carer is passed on from primary to secondary education

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

 |  |
|  |  |

Ensure knowledge to be able to identify a young carer when the cared for attends medical appointments

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

Ensure social care staff always adopt a family approach when in contact with individuals

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

##### Priority 2 -Staff have a good understanding of young carer’s rights and young carers, and their families have the tools they need to advocate for themselves

We will ensure families know they have the right to a young carers assessment

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

We will ensure families are aware how a young carers assessment could benefit them

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

Assessments, information, advice and support will be in accessible language

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

Young carers will be recognised as partners in care

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

##### Priority 3 - Young carers are enabled to and feel safe to self-identify as a young carer

Ensure young carers and their families understand what support is available

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

Using a whole family approach families will be confident to share what support the young carer provides in the home

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

Staff in education to actively seek and support young carers

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

##### Priority 4 - Young carers have access to appropriate services that meet their needs

Continue to support and develop and support the Young Carers Forum

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

Continue use of both online groups and in person to offer peer to peer support.

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

Services for young carers are flexible to meet their needs

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

##### Priority 5 - Young carers have improved Emotional Wellbeing and Mental Health (EWMH)

Ensure that advice, information and support activities are readily available, including digital support

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

Take account of the needs of young carers from vulnerable communities.

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

##### Priority 6 - Young carers safeguarding needs are identified and supported How important the following areas to you?

We will make clear how safeguarding can support you and your family

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

We will ensure that you feel comfortable seeking assistance when you need it

|  |  |
| --- | --- |
|  | Not important |
|  |  |
|  | Quite important |
|  |  |
|  | Important |
|  |  |
|  | Very important |

##### To what extent do you think the priorities will deliver the vision?

"Our vision is that young carers feel supported and confident to say that they are a young carer. They are identified, recognised, valued, and supported, both in their caring role and as an individual helping to reduce the health and wellbeing inequalities that young carers face. They have a strong voice that results in services that work for them. Across the system, staff have the tools, skills and knowledge to increase identification of young carers, enable young carers to self-identify and provide the right support to young carers and their families."

|  |  |
| --- | --- |
|  | Not at all |
|  |  |
|  | Very little |
|  |  |
|  | Somewhat |
|  |  |
|  | To a great extent |

Please describe any additional priorities you would like to see

**Section 3 - Emotional Wellbeing and Mental Health**

We are looking to develop a new service or services to support young carers emotional wellbeing and mental health and would like to hear from you how you would like this delivered

##### Are you completing this section as a

|  |  |
| --- | --- |
|  | Carer |
|  |  |
|  | Parent |
|  |  |
|  | Parent on behalf of my child |
|  |  |
|  | Practitioner |
|  |  |
|   | Young Carer |
|  |  |
|  | Other - please describe below |



##### Many young carers and their parents told us that caring had a negative impact on their emotional wellbeing and mental health. Do you currently access any support for your mental health?

|  |  |
| --- | --- |
|  | Yes |
|  |  |
|  | No |

##### If you receive support for your mental health, what type of support do you receive?

|  |  |
| --- | --- |
|  | Facilitated Support Group |
|  |  |
|  | Group Counselling |
|  |  |
|  | One to one counselling |
|  |  |
|  | Online service |
|  |  |
|  | Other (please describe below) |



##### Where did you access these services?

|  |  |
| --- | --- |
|  | At a medical setting (e.g. hospital)  |
|  |  |
|  | At a GP Surgery |
|  |  |
|  | At a neutral setting (park/café/outside space) |
|  |  |
|  | At School |
|  |  |
|  | In a counselling room |
|  |  |
|  | Online |
|  |  |
|  | Other (please describe below) |



##### What was your experience of accessing the services?

|  |  |
| --- | --- |
|  | Wholly negative |
|  |  |
|  | Mostly negative |
|  |  |
|  | Neither positive nor negative |
|  |  |
|  | Mostly Positive |
|  |  |
|  | Wholly Positive |

What were the positive experiences you had?



What were the challenges you experienced?



##### If you have not accessed support services for your mental health what barriers have stopped you?

|  |  |
| --- | --- |
|  | No Local service/too far away  |
|  |  |
|  | Referral process too complex |
|  |  |
|  | Service not available at a time I can attend |
|  |  |
|  | Transport was difficult |
|  |  |
|  | Unaware of any support |
|  |  |
|  | Unsure how to access services |
|  |  |
|  | Waiting list too long/Currently on waiting list |
|  |  |
|  | Other (please describe below) |



##### We want to see how best to meet young carers emotional wellbeing and mental health needs in the future. How would you most like to access support?

##### (Please rank with 1 being the highest)

|  |  |
| --- | --- |
|  | Facilitated support group with other young carers |
|  |  |
|  | Group counselling |
|  |  |
|  | More information about support available |
|  |  |
|  | One to one counselling |
|  |  |
|  | Online service |
|  |  |
|  | Being referred to a community, leisure or social activity e.g. time on a farm, going fishing, horse riding (this is called social prescribing) |
|  |  |
|  |  |
|  | Other (please describe below) |



##### Where would you most like the service to be delivered?

##### (Please rank with 1 being the highest)

|  |  |
| --- | --- |
|  | At a medical setting (e.g. hospital) |
|  |  |
|  | At a GP surgery |
|  |  |
|  | At a neutral setting (park/café/outside space) |
|  |  |
|  | At School |
|  |  |
|  | In a counselling room/ counsellors office |
|  |  |
|  | Online |
|  |  |
|  | Other (please describe below) |



##### What is most important to you when accessing support for your mental health and emotional wellbeing? (Tick all that apply)



|  |  |
| --- | --- |
|  | Being delivered as one to one support |
|  |  |
|  | Being delivered with other young carers |
|  |  |
|  | Being delivered online |
|  |  |
|  | Ease of referral process |
|  |  |
|  | Knowing its confidential |
|  |  |
|  | Knowing the support options |
|  |  |
|  | Location of the service |
|  |  |
|  | Speed of referral process |
|  |  |
|  | The timing of the service |
|  |  |
|  | Other (please describe below) |

**Section 4 – About You**

It will help us to understand your answers better if we know a little bit about you

##### Please can you tell us more about yourself? (Please tick as many as apply below)

|  |  |
| --- | --- |
|  | I am a young carer aged under 18 years old |
|  |  |
|  | I am a young adult carer aged 18- 25 |
|  |  |
|  | I care for an adult who has a learning disability |
|  |  |
|  | I care for a child or young person (aged 17yrs or under) who has a learning disability |
|  |  |
|  | I care for an adult who has a physical disability or sensory impairment |
|  |  |
|  | I care for a child or a young person (aged 17yrs or under) who has a physical disability or sensory impairment |
|  |  |
|  | I care for an adult who has a mental health condition |
|  |  |
|  | I care for a child or young person (aged 17yrs or under) who has a mental health condition |
|  |  |
|  | I care for an adult who is misusing alcohol or substances/drugs |
|  |  |
|  | I care for a child or a young person (aged 17yrs or under) who is misusing alcohol or substances/drugs |
|  |  |
|  | I care for someone who has a long-term health condition which limits their day-to-day activities |
|  |  |
|  | I care for an adult who is frail |
|  |  |
|  | I care for an adult who has dementia |
|  |  |
|  | I am someone who works in carer support |
|  |  |
|  | I am a former carer |
|  |  |
|  | Professional |
|  |  |
|  | Other (please describe below) |



##### If professional please select profession

|  |  |
| --- | --- |
|  | I work in education |
|  |  |
|  | I work in the NHS (Acute care) |
|  |  |
|  | I work in the NHS (Mental health services) |
|  |  |
|  | I work in the NHS (Primary care) |
|  |  |
|  | I work in social care (adults) |
|  |  |
|  | I work in social care (children) |
|  |  |
|  | Other (please describe below) |



##### How many hours each week, on average, do you tend to provide care for someone?

|  |  |
| --- | --- |
|  | 1-9 hours per week |
|  |  |
|  | 10-19 hours per week |
|  |  |
|  | 20-34 hours per week |
|  |  |
|  | 35-49 hours per week |
|  |  |
|  | 50-69 hours per week |
|  |  |
|  | 70-89 hours per week |
|  |  |
|  | 90+ hours per week |
|  |  |
|  | Other (please describe below) |

##### Please can you tell us for how many years you have been in a caring role

|  |  |
| --- | --- |
|  | Less than one year |
|  |  |
|  | 1-4 years |
|  |  |
|  | Between 5-9 years |
|  |  |
|  | Between 10-14 years |
|  |  |
|  | More than 15 years |
|  |  |
|  | Not applicable |

##### What age group do you fall into?

|  |  |
| --- | --- |
|  | Under 5 years |
|  |  |
|  | 5 – 11 years |
|  |  |
|  | 12 – 17 years |
|  |  |
|  | 18 – 24 years |
|  |  |
|  | 25 – 34 years |
|  |  |
|  | 35 – 44 years |
|  |  |
|  | 45 – 54 years |
|  |  |
|  | 55 – 64 years |
|  |  |
|  | 65+ years |
|  |  |
|  | I prefer not to say |

##### What is your gender?

|  |  |
| --- | --- |
|  | Female |
|  |  |
|  | Male |
|  |  |
|  | I don’t identify in this way |
|  |  |
|  | I prefer not to say |

##### What is your ethnic group? Please choose one option that best describes your ethnic group or background.

**White**

|  |  |
| --- | --- |
|  | English/Welsh/Scottish/Northern Irish/British |
|  |  |
|  | Irish |
|  |  |
|  | Gypsy or Irish Traveller |
|  |  |
|  | Any otherWhite background, please describe |

**Mixed/Multiple ethnic groups**

|  |  |
| --- | --- |
|  | White and Black Caribbean |
|  |  |
|  | White and Black African |
|  |  |
|  | White and Asian |
|  |  |
|  | Any other Mixed/Multiple ethnic background, please describe  |

**Asian/Asian British**

|  |  |
| --- | --- |
|  | Indian |
|  |  |
|  | Pakistani |
|  |  |
|  | Bangladeshi |
|  |  |
|  | Chinese |
|  |  |
|  | Any other Asian background, please describe |

**Black/ African/Caribbean/Black British**

|  |  |
| --- | --- |
|  | African  |
|  |  |
|  | Caribbean |
|  |  |
|  | Any other Black/African/Caribbean background, please describe |

**Other ethnic group**

|  |  |
| --- | --- |
|  | Arab  |
|  |  |
|  | Any other ethnic group, please describe |

**I prefer not to say**

|  |  |
| --- | --- |
|  | I prefer not to say  |

##### Which of the following best describes your current education/work status? (If more than one applies to you, please select the main one).

|  |  |
| --- | --- |
|  | Full-time education at school, college or university |
|  |  |
|  | Part time education at college or university |
|  |  |
|  | Apprenticeship |
|  |  |
|  | Employee in full-time job (30 hours or more per week) |
|  |  |
|  | Employee in part-time job (less than 30 hours per week) |
|  |  |
|  | Self-employed - full or part time |
|  |  |
|  | Government-supported training |
|  |  |
|  | Unemployed and available for work |
|  |  |
|  | Wholly retired from work |
|  |  |
|  | Looking after home/family |
|  |  |
|  | Permanently sick/disabled |
|  |  |
|  | Doing something else |
|  |  |
|  | I am unable to work due to my caring role |
|  |  |
|  | I prefer not to say |

**Section 5 Next steps and contact information**

Thank you for taking the time to read the young carers strategy and contribute to this consultation.

This section is to let us know how you would like to remain involved and whether you would like to see the finalised strategy.

##### Would you like to receive a link/PDF of the Young Carers Strategy when it is published?

|  |  |
| --- | --- |
|  | Yes - link to final strategy  |
|  |  |
|  | Yes - PDF of final strategy |
|  |  |
|  | Yes Easy-read PDF of final strategy |
|  |  |
|  | No |

##### Would you like to be involved in further consultations looking at the progress of the strategy?

|  |  |
| --- | --- |
|  | Yes  |
|  |  |
|  | No |

##### If yes how would you like to be involved in further consultations?

|  |  |
| --- | --- |
|  | Email consultations  |
|  |  |
|  | Teams consultations |
|  |  |
|  | In person consultations |

##### If you have said yes to any of the above options please provide your contact details to enable us to contact you.

Email



Phone Number

**How to submit your survey**

Thank for you for answering the survey, we really appreciate your feedback. Your answers will be used to help improve services and support for children/young people and families.

Please scan / email your completed survey(s) to: youngcarersstrategy@surreycc.gov.uk

Alternatively, you can post your survey to:

Surrey Young Carers Strategy Consultation

Quadrant Court

35 Guildford Road Woking

Surrey

GU22 7QQ

Please contact us if you require any further assistance with submitting your survey:

Email: youngcarersstrategy@surreycc.gov.uk